



Fantastic



Chicken Chow Mein

Serves 4

1 Packet (350g) Fantastic Fresh Chow Mein Noodles

1 tbs vegetable oil
4 garlic cloves, minced
500g chicken breast fillets, sliced
2 cups shitake mushrooms, sliced
1 1/2 tbs fish sauce
1 cup spring onions, cut into 3cm pieces
1/2 cup water
1/4 tspn white pepper
2 tspn sesame oil

1. Prepare the noodles according to the packet directions, drain and keep warm.
2. Heat oil in a wok over medium-high heat. Add garlic, saute for 30 seconds. Add chicken and stir-fry for 5 minutes.
3. Add mushrooms and fish sauce, stir-fry for 1 minute. Stir in the noodles, spring onions, water and pepper.
4. Cover and cook for 2-3 minutes.
5. Stir through sesame oil and serve.

Fresh Noodle Packet Directions

Place noodles in a bowl and cover with boiling water. After 2 minutes, separate with a fork and drain. Noodles are now ready to add to your favourite meal.

Noodle alternatives

Fantastic Fresh Hokkien Thin Noodles, 450g
Fantastic Fresh Singapore Noodles, 350g